

English and Football Camp

In association with Southampton FC

- Based at our Southampton Junior Centre
- 30 June - 28 July 2019 (start/finish any week)
- 15 hours of English lessons per week
- 15 hours of sports sessions per week
- Matches with local school teams
- Some classes based at stadium
- 1 full-day trip per week
- Ages 11-17



**SAINTS
FOUNDATION**



Our English & Football Camp offers you an exciting combination of professional football coaching, English lessons, trips and other activities. What's more, this year we're teaming up with Premier League club Southampton FC (nicknamed 'Saints'), through their charitable arm, the Saints Foundation.

The course incorporates the philosophy of Southampton Football Club and uses the power of football as a tool to develop your English language skills. Through this philosophy, you'll be able to learn the 'Southampton Way' and understand the values of Respect, Unity and Creativity to turn your potential into excellence, through fun and engaging sessions aimed at improving your techniques and performance.

Training will take place at Goals Southampton, while your sports psychology classes will be at Southampton FC's 32,500-seater stadium, St Mary's. You'll also have a stadium tour.



Photos show stadium tour, training sessions and match with local team. Training facilities may differ from those shown.

English Programme

Lessons at the Lewis School are fast-paced and fun, and are based on our own syllabus, designed especially for young learners. All students complete a placement test on arrival, and each week there is the opportunity for promotion to a higher level.

- Average 12-15 students per class (maximum 18)
- Levels are from Elementary (A1) to Advanced (C1)
- All learning materials provided
- Report and certificate at the end of the course



Football Programme

The programme is delivered by professional, fully qualified coaches from the Saints Foundation. Participants will use Southampton FC kit for matches, and have the opportunity to buy a replica kit from the club shop. The programme includes:

- 1 match per week
- 1 sports psychology session (right) per week at stadium
- 1 fitness session per week
- 2 technical coaching sessions per week
- programme certificate from Southampton FC
- closing ceremony/awards ceremony within session
- stadium tour
- possible meeting with first team player

Other Activities

- 1 full-day trip per week to London, Oxford or Isle of Wight
- Evening activities as per centre timetable
- Optional trips available on Sundays (additional fee)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Arrival / Departure/ Homestay / Sunday Programme / Optional Trip on Request
Placement Test/Lessons*	Lessons*	Lessons*	Full-Day Trip	Lessons*	Lessons*	
Lunch	Lunch	Lunch		Lunch	Lunch	
Football	Football	Football		Football	Football	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
Chill Out with Optional Conversation Club & Games / Homestay	Evening Extravaganza: by Guest Organiser	Free Time / Homestay	Evening Extravaganza: Boat Party	Chill Out with Optional Conversation Club / Homestay	Chill Out with Optional Conversation Club & Games	

The above timetable is a sample. Please see www.lewis-school.co.uk for the full timetable. * English lessons may be in the morning or the afternoon. This alternates on a weekly basis. Students in with homestay accommodation spend Sunday and four evenings per week with their host. Residential accommodation is available from 7 July.



Photos: English lesson. stadium, sports psychology session, team photo before match and football training sessions.

Find out more at www.lewis-school.co.uk